



PADI Course Director David Arnold
Sail Rock Divers 5*IDC Centre 36301 – Koh Phangan Thailand

Whats involved in the Instructor course?

The PADI Instructor Development Course (IDC) at [Sail Rock Divers](#) will provide you also with additional workshops and training to best understand the PADI diving system. During the class time you will learn how to apply PADI standards and procedures; you will learn how to teach in the classroom and in confined water and open water. Furthermore you will learn how to market PADI diving courses effectively. The PADI IDC also helps you to gain a complete understanding of PADI's educational goals and philosophies so you can benefit from a maximum of diving knowledge. The PADI IDC including the prep course lasts 14 days and is followed by the two-day IE. The instructor examination is conducted by an independent examiner from PADI headquarters.

Required Paperwork:

- Log Book with 100 or more logged dives
- 2 Photos Medical Statement from Physician (in the last 12 months)
- PADI cards (Open water To Divemaster) Copies of all non-PADI certifications (NAUI, SSI , CMAS, BSAC etc)

Required material:

- Instructor Manual *
- Instructors Guide to teaching (must have Decal)**
- Table, E-RDP Multilevel, Calculator (cannot use mobile phone) Confined and Open water preparation slates**
- Aquatic Cue Cards (Open Water to Divemaster)**
- Access to Participant manuals (Open Water to Divemaster) Full Scuba Equipment (including Knife, whistle, SMB, compass)***

* Included in the Divemaster Crew-Pack – downloadable on www.padi.com/mypadi

** Included in the Instructor Candidate Crew pack

*** Special Package prices on equipment available for all candidates at Sail Rock Divers

How our course is structured

Prep 1- 2 days

- Covers dive theory (Physics, Physiology, Decompression Theory, Equipment, Skills & Environment)
- Dive skills workshops
- Rescue assessment/ skills

PADI AI & OWSI Day 3-13

Our IDC program includes the assistant Instructor course & Open water scuba Instructor

- Participate in the 9 online presentations
- Participate in the 10 IDC curriculum components as outlined in the PADI course director manual.
- Present 3 knowledge development teaching presentations, scoring a minimum of 3.5 on at least 2
- Present 4 confined water teaching presentations, scoring a minimum of 3.4 on at least 2.
- Present 2 integrated (2 skills) Open water teaching presentations, scoring a minimum of 3.4 on each skill in at least one integrated presentation.
- Perform all 24 skills in the skill evaluation, scoring a minimum of 82, with no individual score below 3
- Score 75% on the PADI system & procedures exam
- Score 75% on all sections of the Dive Theory Exam
- Perform a facedown nonstop swim for the 800m using mask, snorkel & fins.
- EFRI is also included, which takes 1 day & is put into the schedule after day
- Also included is additional workshops on ascents, descents, C.E.S.A, Adventures in diving skills & Rescue

Mock IE day 14 OPTIONAL

Prep Course Schedule

Each day will begin at 08:30 unless otherwise arranged. Please arrive early to start on time. If you have any questions regarding the schedule please ask the Staff.

- Day 1** Exams Review;Physics, Physiology
Lunch
PADI Skill Circuit – Confined Water
Rescue Scenario Review – Confined Water
- Day 2** Exams Review;Decompression Theory, Equipment , Dive Skills & enviroment
LUNCH
PADI Skill Circuit - Confined Water
Rescue Scenario Review - Confined Water
Control Workshop - Confined Water

IDC SCHEDULE Day 3-13

Each day will begin at 08:30 unless otherwise arranged. Please arrive early to start on time. If you have any questions regarding the schedule please ask the Staff.

- Day 3** Course Orientation
Learning, Instruction & The PADI System
General standards and procedures
Lunch
Teaching in confined
Confined water presentation #1
Skill demonstration
CESA workshop (**Confined Water**)
- Day 4** Risk management
Marketing
Confined presentation # 2
Skill demonstration
Lunch
Start Diving: PADI Diver Acquisition Programmes
Developing knowledge development presentations
Knowledge development presentation #1
- Day 5** Knowledge Development Presentation #2
Teaching Padi specialty courses
4 E's counselling workshop
Lunch
Conducting Open Water Dives
Open Water Workshop
Rescue Workshop
- Day 6** Dive Theory Exam
Standards Exam
Lunch
Candidate Open Water Presentation #1
8oom Swim with Mask & Fins
- Day 7** **Remedial Day**

- Day 8** **EFRI COURSE**
 PRIOR TO STARTING THE COURSE ALL CANDIDATES MUST HAVE COMPLETED THE EFRI SELF STUDY REVIEW.
 EFR Instructor guide and pocket mask are required
- Day 9** General Standards & Procedures
 Risk Management (OWSI part)
Lunch
 Skill demonstration
 Confined presentation # 3
 Theory review
- Day 10** Business of diving
 Open water diver course
 Adventures in diving program
Lunch
 Knowledge development presentation # 3
 Rescue diver course
- Day 11** Confined water presentation # 4
 Rescue workshop
 Descent workshop
Lunch
 Dive master course
 Keep Diving
- Day 12** Theory and GSP
Lunch
 Open Water Presentation # 2
 Adventures in Open Water Workshop
 Dsd workshop

MOCK IE (OPTIONAL)

Theory Exams
 GSP Exams
 Knowledge development presentations
 Confined water presentation
 Rescue assessment

PADI Instructor Examination

- Day 1** Orientation plus Dive theory and Standards Exams
 Confined Water (Pool) Presentations plus mini skill circuit (5 skills)
- Day 2** Knowledge Development Presentation (Classroom)
 Open water (Boat) Presentations & Rescue Assessment

Please note that the schedule is subject to change, and you will be kept informed of any changes as and when they occur